

- O **Everyday Bottoms/Shorts:** please no leggings (or wear shorts over them); shorts should have at least a 5" inseam (basically no shorty shorts!)
- O **Everyday T-Shirts:** please no offensive or vulgar graphics/logos; please no tank tops unless sleeveless tee style
- O **Sweatshirt:** morning/eves can be chilly even in summer so bring a sweatshirt; fall + winter are nippy so...you know!
- O **Swimsuits:** (if summer + heading to the lake!) EVERYONE wears shorts + dark shirts to swim in to keep modest and fair for all
- O Rain Jacket: just in case
- O Close-toed shoes are required for outdoor activities
- O Paintball on the schedule?: long-sleeved shirt + long pants that can get dirty! hello, bunkers!
- O Hats/Sunglasses/Buffs: whatever you need to be comfortable when outdoors
- O Bathroom supplies: shampoo, soap, toothbrush/paste, deodorant, etc
- O **Bedding:** twin-sized sheets or a sleeping bag + pillow (a/c + heat in the cabins)
- O Towels: bath + swim (if it's summer of course!)
- O **Medicines:** only prescriptions--we have the general stuff if a need arises while you're at camp
- O Sun Screen: you'll be outside a lot!
- O Bug Spray: the gnats are bothersome in summer -- make sure the bottle lists gnats or it will be useless
- O Water Bottle: gotta stay hydrated to keep up with the fun!
- O **Flashlight/Headlamp:** you're in the woods. no streetlights. night = complete darkness!
- O Bible + Pen
- O Spending Money: we have concessions + a camp store available (CASH ONLY; prices from \$2 \$25)

You will get the most from your time with us if you choose to unplug when you get to camp. Cell phones are better left at home (gasp!) or at least plan to turn them off + stuff in your bag when you arrive. Plan to leave the practical jokes, fireworks, firearms, pocket knives, tobacco, illegal drugs at home.

If you choose to bring them, you're time with us will be short. How sad would that be?!

The quiet and "still" might seem impossible for you, but this adventure will bring about a whole new you!

We look forward to your coming. You have been prayed for.
We anticipate our personal God meeting with you -- come looking for Him!

Whisper Mountain Camp will see you soon!